

AMERICA'S CUP: BERLIN YACHT CLUB JUNIOR SAILING CAMP 2009

IN YOUR DITTY BAG (WHAT YOU NEED TO BRING)

- Properly fitted Coast Guard approved life jacket
- Hat with a brim
- Sun Block SPF 30 or greater
- Boat shoes (launch area is rocky and flip flops are not good around boats!)
- Towels (at least 2)
- Swim suits
- Rain Gear (We sail in the rain but not lightning)
- Sleeping bag with pillow
- Air mattress or pad (we sleep on the tile floor)
- Sleeping clothes (we're all in 1 room, no separate boys or girls areas)
- Shorts and long pants
- Shirts and tee shirts
- Sweater /sweatshirt (it gets cool at night on the high seas)
- Comfortable shoes (dry for land)
- Toiletry kit
- 2 dozen cookies (home made is best) to share for snacks
- Bag lunch for Thursday
- "Cotillion" Attire (Cheap Costume Jewelry, Boas, Clip on Ties)
- Tether for glasses (prescription and sunglasses)
- Smiles, sun, wind, and a positive attitude!
- Optional items:
- Insect repellent, playing cards, Frisbee, book, etc.

DO NOT BRING

Valuables, Jewelry, Money (there is nothing to buy), Radios/Ipods, CD players, Computers, Cell Phones, or other Food

EMERGENCY INFORMATION

Berlin Yacht Club,
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